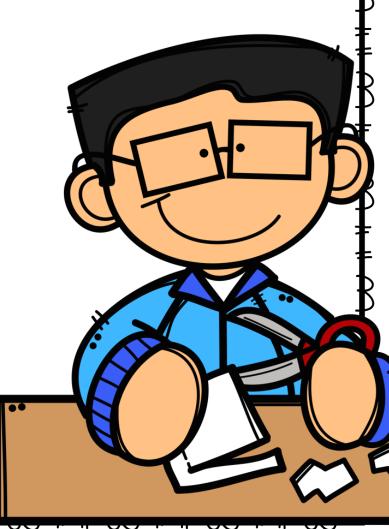


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| Number Scoops                                   |



# TOT SCHOOL: GETTING STARTED

### WHAT IS TOT SCHOOL?

My tot school weekly plans are designed with the 2-3 year old child in mind. Every activity can be used at home with one or more children or adapted for use in a day care/preschool classroom. Tot school is all about exploring and learning together while exposing children to a variety of skills and concepts.

### HOW DO I SET UP TOT SCHOOL?

If you'd like to see where my tot school journey began along with how to set goals, schedule time, plan for the week, get organized, gather materials and more, please read "Getting Started with Tot School".

### MAKE A PLAN THAT WORKS FOR YOU!

My weekly plans include 5 categories of learning/play for each theme. We spend anywhere from 5-20 minutes on each activity during that time, depending on interest and engagement, for a total of about I hour per day.

If a strict schedule and structured lesson plans aren't your style, then pick the activities you want to try and pull them out throughout the week when you have the time. You could also house your activities in your playroom and let your little one pull them out when they are ready. Maybe you aren't at home full time but want to try one activity each week. Whatever your style is, be true to yourself and your child's needs.

Celebrate the fact that you want to play and learn with your toddler, because that's the whole point anyways. Happy learning!

# TOT SCHOOL: WHAT'S INCLUDED?

# Jheme: CREAM. SUGGESTED MATERIALS ICE CREAM: FINE MOTOR ACTIVITIES

### 🕊 WEEK AT A GLANCE:

See all 25 books/activities for the week on one convenient page. Every week includes 5 books, 5 fine motor activities, 5 gross motor activities, 5 snacks, and 5 sensory bins along with a few other activities you may want to try!

### **SUGGESTED MATERIALS**:

. . . . . . . . . . . .

Prepping for the week is super easy with this checklist. Round up everything you need for the week without having to search through each page of activities!

### **«** ACTIVITY PAGES:

Learning activity pages include everything you need to know to complete the activities for the week. Each learning category has a page with pictures, directions, materials, and goals so you know exactly what to do for each activity.

# TOT SCHOOL: WHAT'S INCLUDED?

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### **« PRINTABLES**:

Printable activities and materials to make weekly prep a breeze! Lots of printable options to save you from purchasing additional hands on materials that you may not have available.



### **«**PHOTOS OF ACTIVITIES IN ACTION:

Want to see more photos of each of this week's activities in action? Click here for large detailed photos of our tot school adventures! Tot School: Ice Cream



Jheme: Ice cream



|     | BOOKS   | FINE<br>MOTOR                       | GROSS<br>Motor         | FOOD/<br>SNACKS                               | SENSORY<br>BINS          | OTHER |
|-----|---|-------------------------------------|------------------------|---|--------------------------|-------|
| MON | Five Little<br>Monkeys Jump<br>in the Bath<br>Eileen Christelow | Ice Cream<br>Letter Writing<br>Tray | Ice Cream in a<br>Bag  | Ice Cream in a<br>Bag                         | Ice Cream<br>Scooping    |       |
| TUE | Izzy the Ice<br>Cream Fairy<br>By Tim Bugbrd                    | Counting<br>Sprinkles               | Catch the<br>Scoops    | Waffle/Whipped<br>Cream "Ice<br>Cream Cone"   | Ice Cream<br>Sundae Bin  |       |
| WED | Splat the Cat: I<br>Scream for Ice<br>Cream<br>By Rob Scotton   | Puffy Paint Ice<br>Cream Cones      | Ice Cream Relay        | Ice Cream Cake<br>Cones                       | Ice Cream Play<br>Dough  |       |
| THU | Ice Cream: The<br>Full Scoop<br>By Gail Gibbons                 | Ice Cream Felt<br>Board Play        | Ice Cream Cone<br>Toss | Frozen<br>Strawberry<br>Banana "Ice<br>Cream" | Ice Cream<br>Scooping    |       |
| FRI | The Ice Cream<br>King<br>By Steve<br>Metzger                    | Ice Cream Cone<br>Dot Stamping      | Ice Cream Hunt         | Ice Cream<br>Cookie<br>Sandwiches             | Ice Cream Cloud<br>Dough |       |

### ICE CREAM: SUGGESTED MATERIALS

#### BOOKS:

- □ Mister Seahorse By Eric Carle
- □ Five Little Monkeys Jump in the Bath Eileen Christelow
- Izzy the Ice Cream Fairy By Tim Bugbrd
- □ Splat the Cat: I Scream for Ice Cream By Rob Scotton
- □ Ice Cream: The Full Scoop By Gail Gibbons
- □ The Ice Cream King By Steve Metzger

#### CRAFT MATERIALS:

- Cardstock or Construction Paper
- White Glue
- Dot StampersRed Pom Poms

- FOOD ITEMS:
- □ Sprinkles
- □ Ice □ Salt
- □ Whole milk
- U Vanilla
- □ Sugar
- □ Ice Cream Cones
- □ Waffle
- □ Whipped Cream
- Cake Mix
- □ Frosting
- 🗆 Bananas
- □ Strawberries
- □ Ice Cream
- Graham Crackers
- Flour
- Vegetable Oil

#### PRINTABLES:

- Ice Cream Letter Cards
   Ice Cream Counting Cards
   Ise Cream Conc Outline
- □ Ice Cream Cone Outline
- □ Felt Board Pieces
- Tiny Triangle Cones
- □ Ice Cream Hunt Page
- Number Scoops

- OTHER MATERIALS:
- Colored Straws
- Tweezers
- □ Shaving Cream
- Ball Pit Balls
- □ Toy Ice Cream Cones
- 2 Bins
- Ping Pong Balls
- Cardboard Box
- □ Cotton Balls
- □ Ice Cream Scoops
- □ Spoons
- Bowls
- Rainbow Rice
- Funfetti Play Dough
- Buckets
- Sand Toy Ice Cream Set

\*Visit the Tot School: Ice Cream blog post to find pictures and clickable links to materials\*

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ICC CRCRM. FINE MOTOR ACTIVITIES

| ACTIVIT | γ                                   | DESCRIPTION  | MATERIALS  | GOALS/SKILLS  |
|---------|-------------------------------------|--|--|---|
|         | Ice Cream<br>Letter Writing<br>Tray | Pour sprinkles onto a tray. Print ice<br>cream scoop letter cards to use as a<br>model. Use finger or a sugar cone to<br>practice drawing and writing letters.<br>Shake tray gently from side to side to<br>start over.  | <ul> <li>Sprinkles</li> <li>Sugar Cone</li> <li>Ice Cream Letter<br/>Cards (pg 12-15)</li> </ul>                     | <ul> <li>Prewriting</li> <li>Letter<br/>Identification</li> </ul>                                   |
|         | Counting<br>Sprinkles               | Print the ice cream counting cards with<br>the numbers I-10 on each cone. Cut up<br>colored straws to use as sprinkles. Use<br>fine motor tweezers to count out the<br>correct number of sprinkles for each<br>cone.   | <ul> <li>Ice Cream Counting<br/>Cards (pg 16-20)</li> <li>Colored Straws</li> <li>Tweezers</li> </ul>                | <ul> <li>Pinching</li> <li>Counting</li> <li>Number<br/>Identification</li> </ul>                   |
|         | Puffy Paint Ice<br>Cream Cones      | Cut out the triangle for cone from brown<br>paper. Mix 2 batches of shaving cream puffy<br>paint with equal parts shaving cream and<br>white glue. Leave one batch white, and dye the<br>other pink with liquid watercolor Glue the<br>cone to paper then paint ice cream scoops<br>and add real sprinkles while the paint is wet. | <ul> <li>Ice Cream Cone Outline<br/>(pg 21)</li> <li>Shaving Cream</li> <li>White Glue</li> <li>Sprinkles</li> </ul> | • Painting  |
|         | Ice Cream Felt<br>Board Play        | Use felt ice cream pieces to set up and<br>play ice cream shop. Make ice cream<br>patterns, count scoops, toppings,<br>sprinkles and more.   | • Felt Board Pieces (pg<br>22-28)  | <ul> <li>Patterning</li> <li>Counting</li> </ul>  |
| 1       | Ice Cream Cone<br>Dot Stamping      | Cut out tiny triangle cones from brown<br>paper. Glue cones to plain paper. Use<br>dot stampers to stamp scoops on top<br>of each cone. Optional: Make patterns<br>and or count the scoops on each cone.   | <ul> <li>Tiny Triangle Cones<br/>(pg 29)</li> <li>Dot Stampers</li> </ul>  | <ul> <li>Cutting</li> <li>Gluing</li> <li>Stamping</li> <li>Patterning</li> <li>Counting</li> </ul> |
|         |                                     |  |  |   |

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| ICE CREAM: GROSS MOTOR ACTIVITIES |                        |   |   |  |  |
|-----------------------------------|------------------------|---|---|--|--|
| ACTIVIT                           | Y                      | DESCRIPTION   | MATERIALS   | GOALS/SKILLS   |  |
|                                   | Ice Cream in a<br>Bag  | Mix 3 cups crushed ice and 1/3 cup salt in a gallon<br>freezer bag. Mix 1/2 cup whole milk, 1/4 tsp vanilla,<br>and I Tbsp sugar in sandwich bag. Drop the small<br>bag inside the large bag and SHAKE SHAKE SHAKE!<br>After about 5 minutes take the small bag out<br>and enjoy, yum! "Wear gloves the bag will get<br>really cold " | <ul> <li>Ice</li> <li>Salt</li> <li>Whole milk</li> <li>Vanilla</li> <li>Sugar</li> </ul>           | <ul><li>Shaking</li><li>Dancing</li></ul>                      |  |
|                                   | Catch the<br>Scoops    | Create a cone from a large sheet of<br>brown construction paper. Toss ball pit<br>balls into the air and try to catch them in<br>the cone.  | <ul> <li>Ball Pit Balls</li> <li>Brown Construction<br/>Paper</li> </ul>                            | <ul><li>Throwing</li><li>Catching</li></ul>                    |  |
|                                   | Ice Cream Relay        | Set up 2 bins on either side of the yard. On<br>one end fill the bin with ball pit ball "ice<br>cream scoops" and toy ice cream cones.<br>Balance each ball on a cone and carry it to<br>the other bin.   | <ul> <li>Ball Pit Balls</li> <li>Toy Ice Cream<br/>Cones</li> <li>2 Bins</li> </ul>                 | <ul><li>Balancing</li><li>Running</li></ul>                    |  |
|                                   | Ice Cream Cone<br>Toss | Hot glue 6 cake cones into an empty<br>cardboard box. Stand back a few feet<br>and toss ping pong balls into the box trying<br>to make one in each cone.  | <ul> <li>Ping Pong Balls</li> <li>Ice Cream Cones</li> <li>Cardboard Box</li> </ul>                 | • Throwing   |  |
| A Contraction                     | Ice Cream Hunt         | Set up the game by hiding the numberice<br>cream scoop cards all over the<br>room/house. Have child search the room<br>to find each number on the page. After<br>finding a scoop match it, name it, and color<br>it before moving on to another card.   | <ul> <li>Ice Cream Hunt<br/>Page (pg <u>30</u>)</li> <li>Number Scoops<br/>(pg <u>3</u>)</li> </ul> | <ul> <li>Running</li> <li>Number<br/>Identification</li> </ul> |  |

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### ICE CREAM: SNACKS

| ACTIVITY      |   | INGREDIENTS                                   | DIRECTIONS  |
|---------------|---|---|---|
|               | Ice Cream in a<br>Bag                         | Ice<br>Salt<br>Whole milk<br>Vanilla<br>Sugar | <ul> <li>Mix 3 cups crushed ice and I/3 cup salt in a gallon freezer bag.</li> <li>Mix I/2 cup whole milk, I/4 tsp vanilla, and I Tbsp sugar in sandwich bag.</li> <li>Drop the small bag inside the large bag and SHAKE SHAKE SHAKE!</li> <li>After 5 minutes take the small bag out and enjoy.</li> </ul> |
| S THE S       | Waffle/Whipped<br>Cream "Ice<br>Cream Cone"   | Waffle<br>Whipped Cream                       | <ul> <li>Cut a waffle into a cone shape.</li> <li>Use a can of whipped cream to make a large dollop on top for ice cream.</li> <li>Dip the waffle into the whipped cream and enjoy!</li> </ul>  |
| C             | Ice Cream Cake<br>Cones                       | Cake Mix<br>Frosting<br>Cake Cones            | <ul> <li>Stand cake cones up in a cupcake tin.</li> <li>Make a batch of your favorite cake batter</li> <li>Pour the batter into each of the cake cones.</li> <li>Bake as directed.</li> <li>Cool and ice each cone.</li> </ul>  |
|               | Frozen<br>Strawberry<br>Banana "Ice<br>Cream" | Bananas<br>Strawberries<br>Cake Cones         | <ul> <li>Peel and freeze 4 bananas and I lb of strawberries.</li> <li>Place frozen fruit into a food processor and blend.</li> <li>Serve immediately or place in the freezer to set for a few minutes.</li> </ul>   |
| S. S. C.      | Ice Cream<br>Cookie<br>Sandwiches             | Ice Cream<br>Graham Crackers<br>Sprinkles     | <ul> <li>Scoop vanilla ice cream onto one graham cracker.</li> <li>Place another graham cracker on top and squish together.</li> <li>Roll the sides in sprinkles.</li> </ul>  |
| 1/ 1/ ( ) / 1 | / // / / / // ##                              |   | <u> </u>  |

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ICE CREAM: SENSORY BINS

| ACTIVIT | Y                        | DESCRIPTION  | MATERIALS   | GOALS/SKILLS   |
|---------|--------------------------|--|---|--|
| a star  | Ice Cream<br>Scooping    | Fill sensory bin with cotton balls. Add toy<br>ice cream cones, spoons, and bowls. Use ice<br>cream scoops to scoop, pretend and play.<br>Provide lots of language modeling by<br>commenting on how things look, feel,<br>move, etc.                             | <ul> <li>Cotton Balls</li> <li>Toy Ice Cream<br/>Cones</li> <li>Ice Cream Scoops</li> <li>Spoons</li> <li>Bowls</li> </ul>            | <ul> <li>Fine motor practice</li> <li>Language<br/>development</li> <li>Open ended play</li> </ul> |
|         | Ice Cream<br>Sundae Bin  | Fill sensory bin with cotton balls. Add small<br>cups with red pom pom chernies, and<br>rainbow rice sprinkles. Use toy ice cream<br>scoops, spoons, and bowls to build<br>sundaes, pretend and play.  | <ul> <li>Cotton Balls</li> <li>Red Pom Poms</li> <li>Rainbow Rice</li> <li>Ice Cream Scoops</li> <li>Spoons</li> <li>Bowls</li> </ul> | <ul> <li>Fine motor practice</li> <li>Language<br/>development</li> <li>Open ended play</li> </ul> |
|         | Ice Cream Play<br>Dough  | Fill small buckets with funfetti frosting<br>play dough (Mix I cup funfetti frosting<br>(white or colored) with about 3 cups<br>powdered sugar in stand mixer) Add toy<br>ice cream cones, spoons, and bowls. Use ice<br>cream scoop to scoop, pretend and play. | <ul> <li>Funfetti Play Dough</li> <li>Buckets</li> <li>Sand Toy Ice Cream<br/>Set</li> </ul>  | <ul> <li>Fine motor practice</li> <li>Language<br/>development</li> <li>Open ended play</li> </ul> |
|         | Ice Cream<br>Scooping    | Fill sensory bin with ping pong balls. Add toy<br>ice cream cones, spoons, and bowls. Use ice<br>cream scoops to scoop, pretend and play.<br>Provide lots of language modeling by<br>commenting on how things look, feel,<br>move, etc                           | <ul> <li>Ping Pong Balls</li> <li>Sand Toy Ice Cream<br/>Set</li> </ul>   | <ul> <li>Fine motor practice</li> <li>Language<br/>development</li> <li>Open ended play</li> </ul> |
|         | Ice Cream Cloud<br>Dough | Fill sensory bin with 8 cups flour & I cup<br>vegetable oil mixed together to make<br>cloud dough. Add toy ice cream cones,<br>spoons, and bowls. Use ice cream scoops<br>to scoop, pretend and play.  | <ul> <li>Flour</li> <li>Vegetable Oil</li> <li>Sand Toy Ice Cream<br/>Set</li> </ul>  | <ul> <li>Fine motor practice</li> <li>Language<br/>development</li> <li>Open ended play</li> </ul> |

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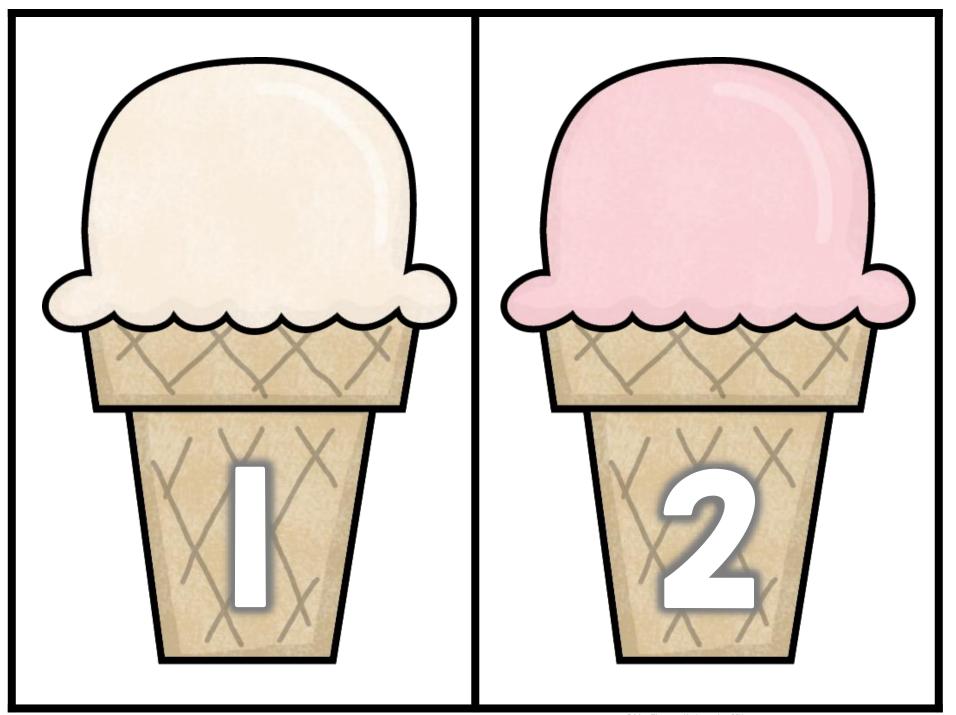


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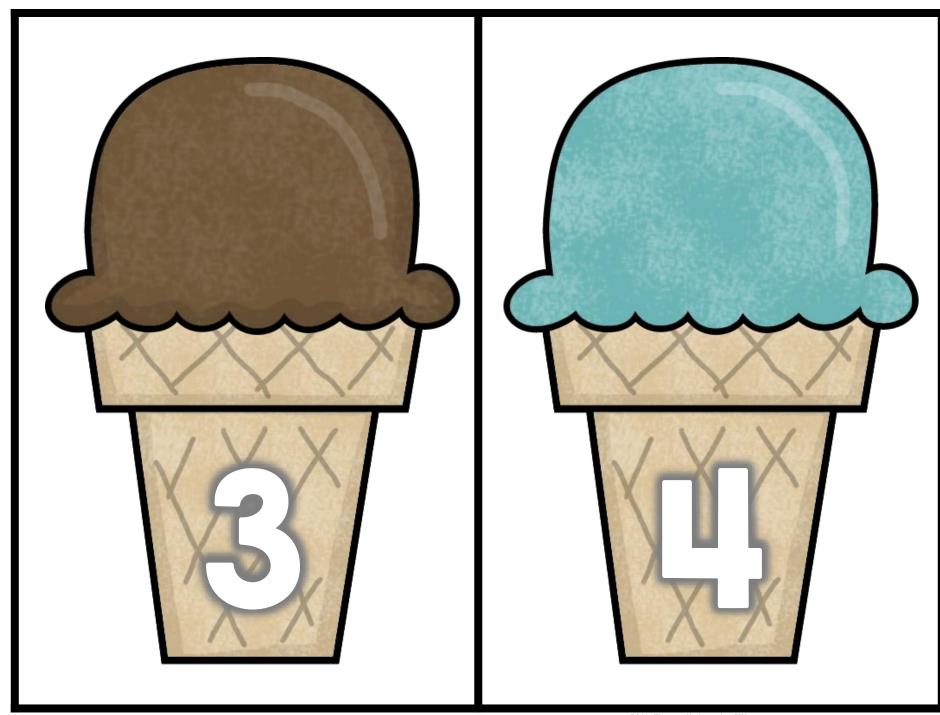




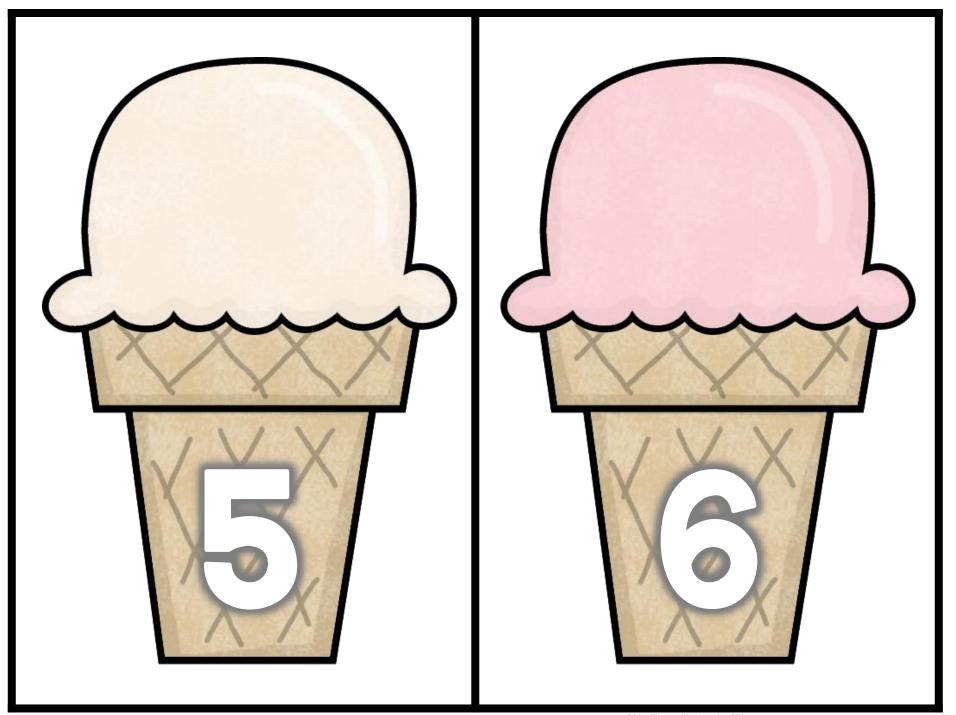




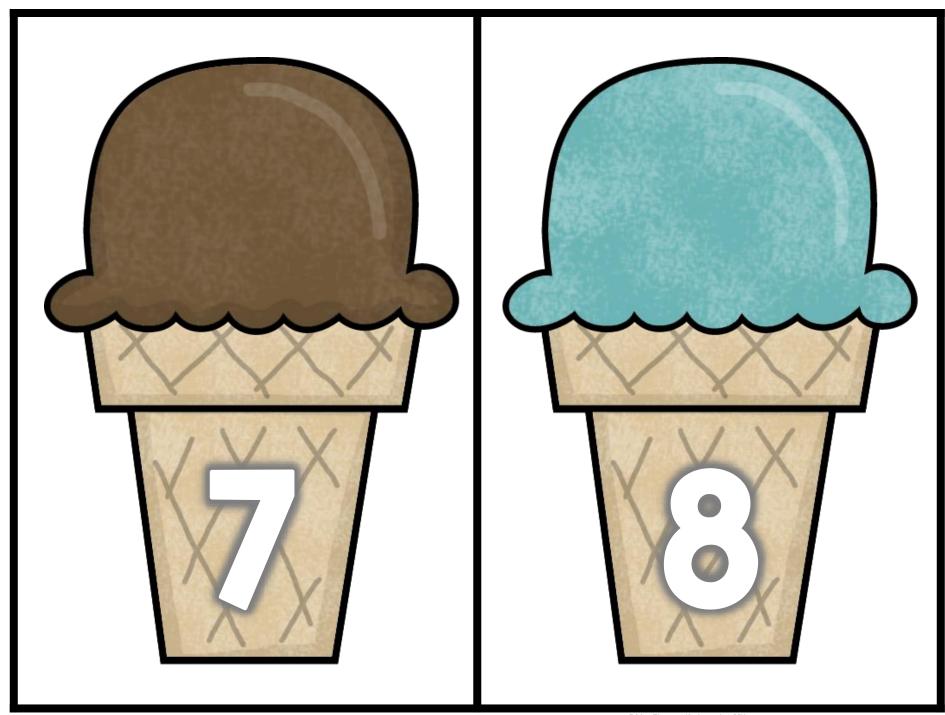
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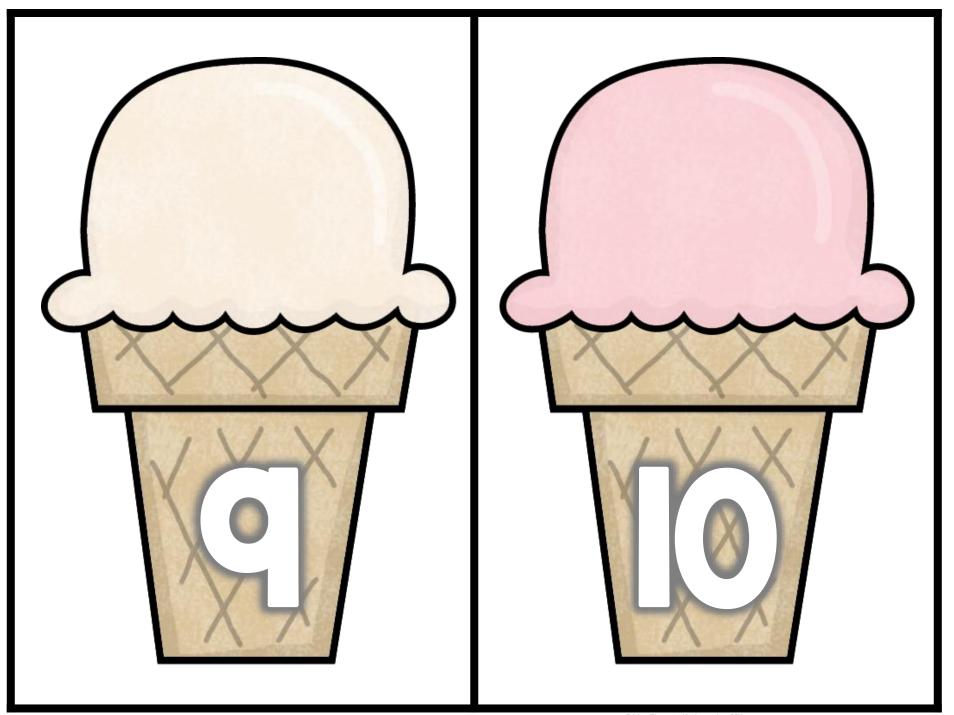
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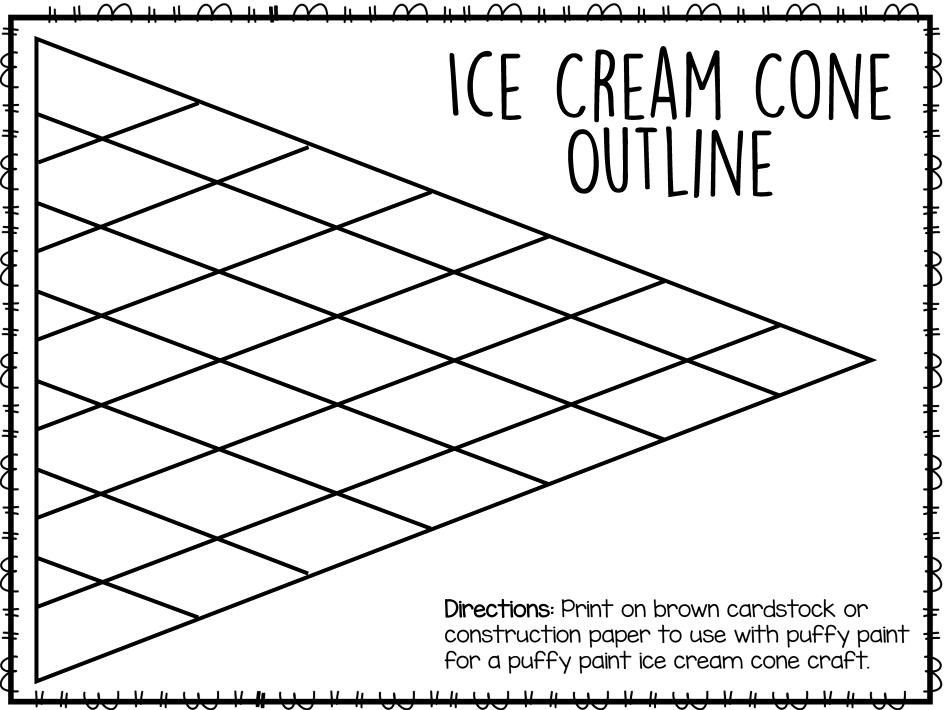
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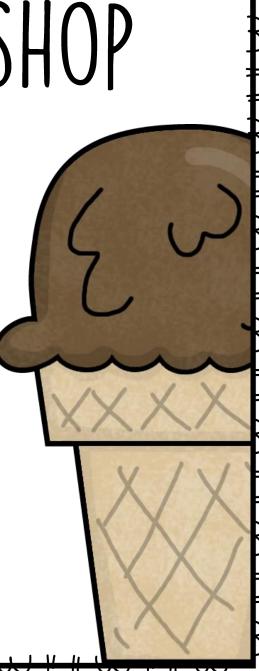


# FELT ICE CREAM SHOP PIECES

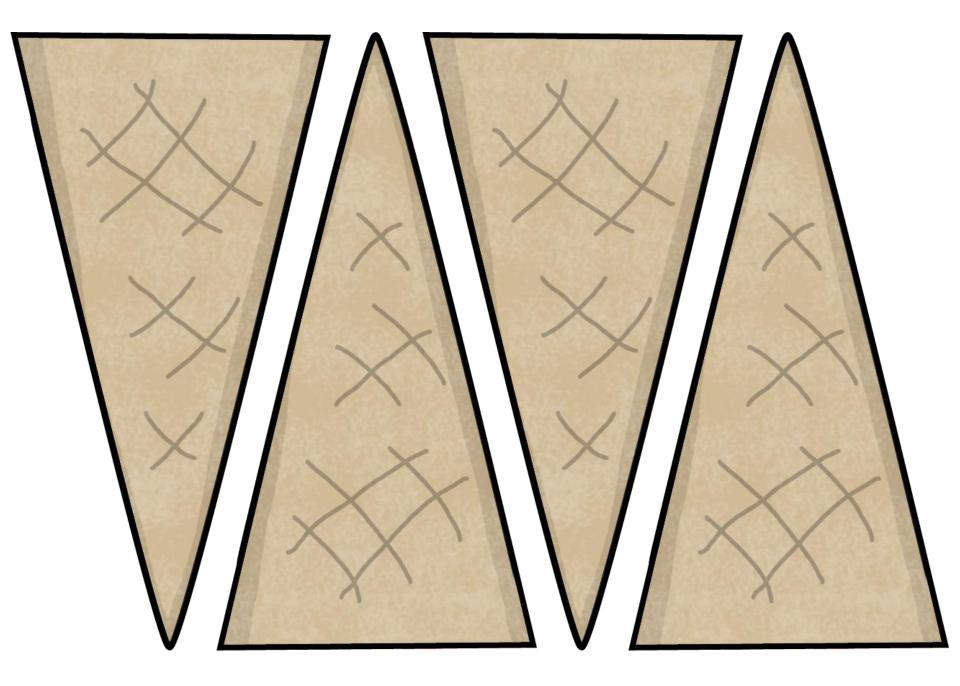
Option I: Print colored pieces on iron on transfer paper. Iron on to felt and cut out each piece.

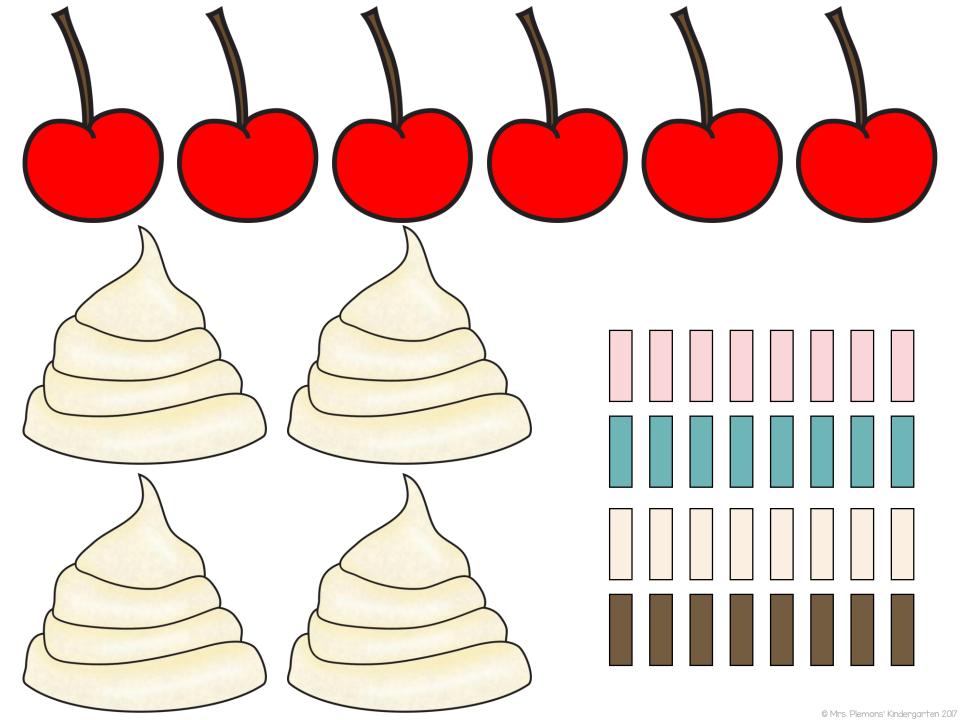
**Option 2:** Print, laminate, and cut out colored pieces. Attach Velcro dots to the back of each piece.

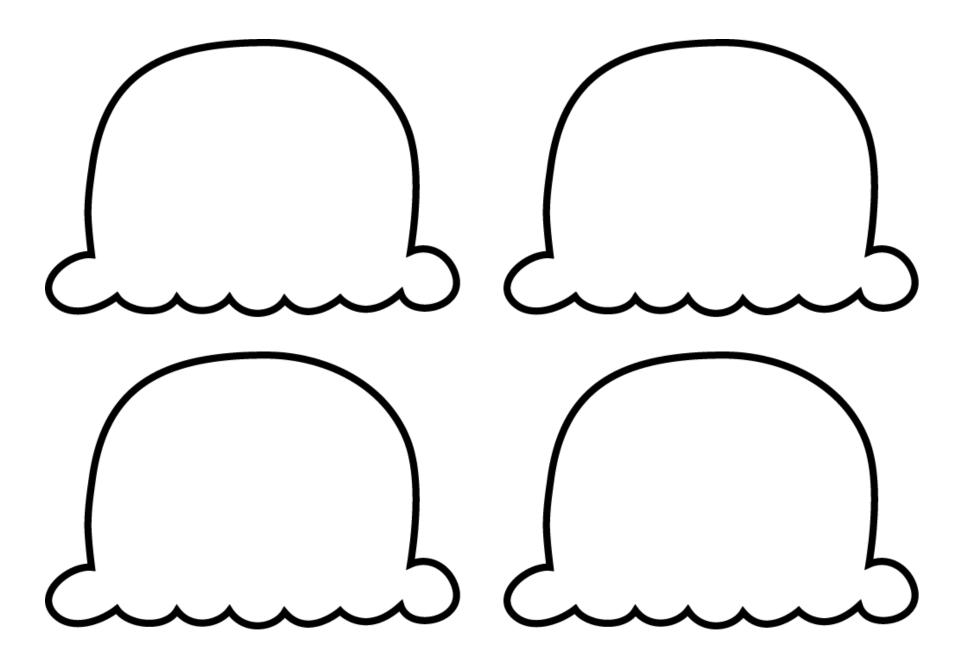
**Option 3:** Print black and white pieces on cardstock. Cut out each piece to use as a stencil. Trace each shape on felt multiple times.

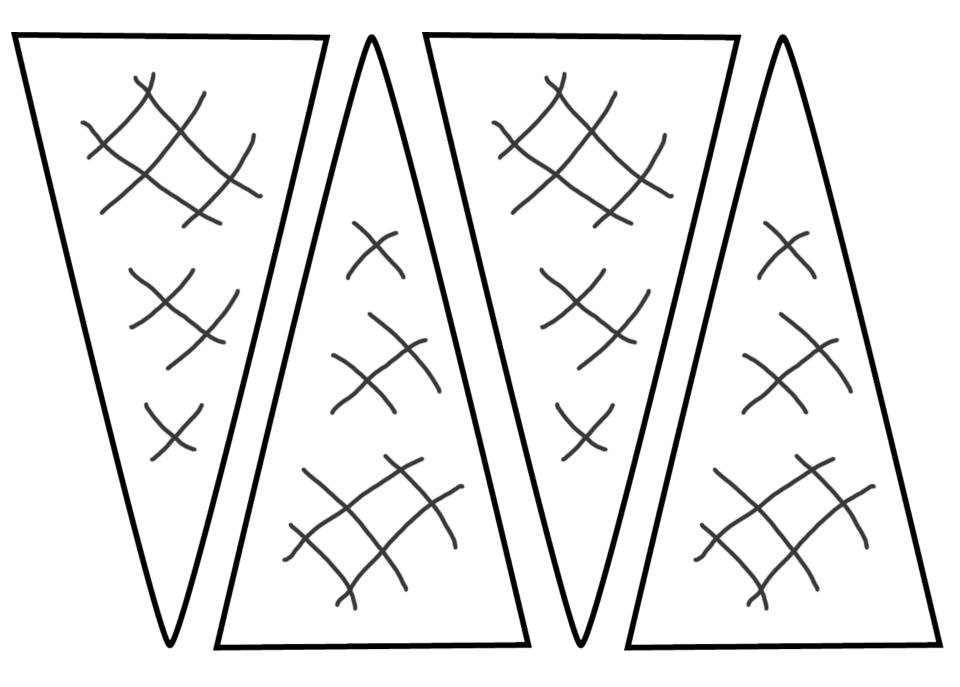


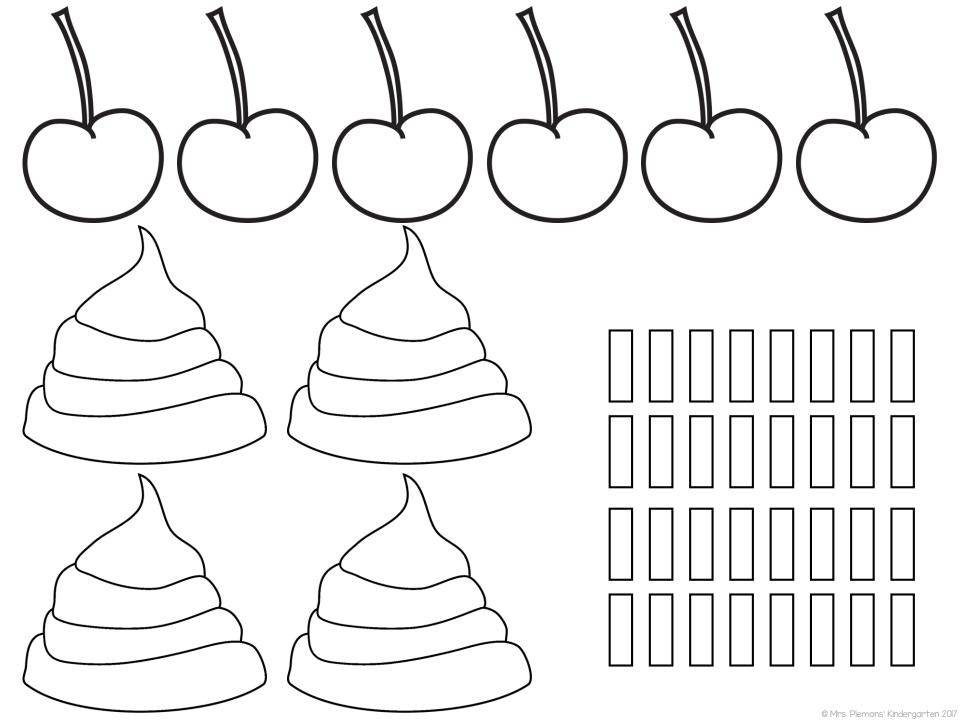






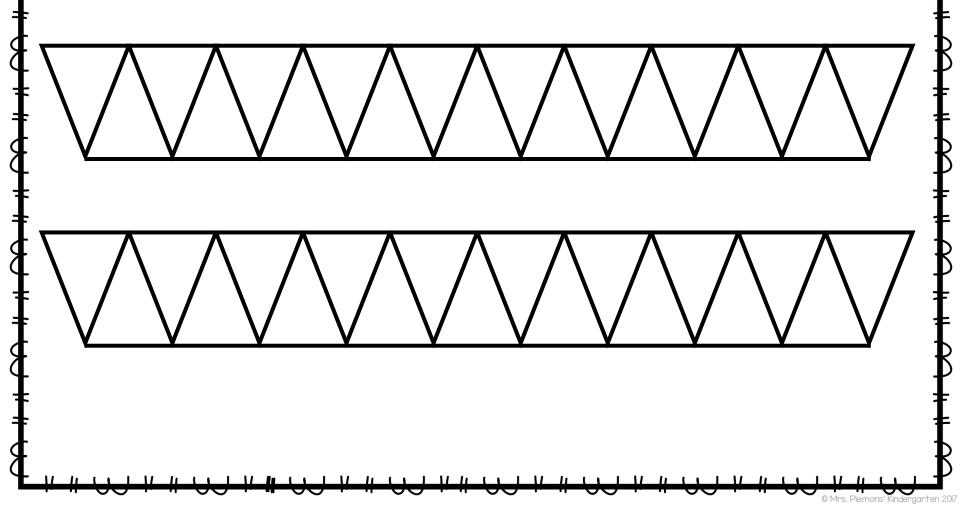


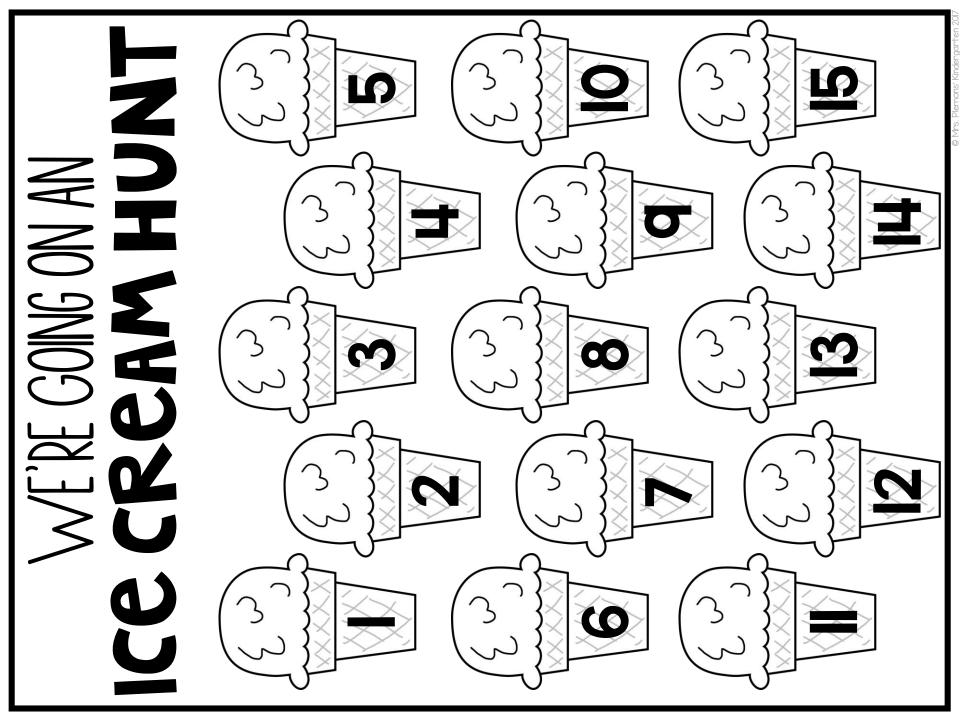




# TINY TRIANGLE CONE OUTLINE

Directions: Print on brown cardstock or construction paper to use with dot stamp ice cream cones.







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# ICE CREAM: ACTIVITIES IN ACTION

### PHOTOS OF ACTIVITIES IN ACTION:

Want to see more photos of each of this week's activities in action? Click here for large detailed photos of our tot school adventures! Tot School: Ice Cream



## THANK YOU!

Thanks so much for downloading this resource! I truly appreciate it and hope it is exactly what you were looking for! Remember to leave feedback to earn credits towards future products. Please contact me with questions/concerns. jessica@mrsplemonskindergarten.com

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